

Year 11

Topic Overview



Autumn Term BETC Home Cooking Skills Level 2 (60 hours)

Students will be introduced to the BETC Home Cooking Skills Level 2 and discuss how they can collect evidence by cooking at home etc and have the confidence to cook independently which is an essential life skill. They will be able to follow a recipe and cook from scratch using fresh organic ingredients. Students will have knowledge and understanding about the epidemic of obesity

Spring term

Students will be able to follow recipes and know that each recipe is underpinned with knowledge about planning and sourcing food, hygiene and food storage. They will learn the importance of displaying food attractively.

Summer term

Students will have knowledge and confidence to plan , prepare and cook a two course meal, completing their portfolio and passing on information to others.