

Food Technology

All pupils have weekly access to a specialist food room:

Key stage 4 options

Year 10 BTEC Home Cooking Skills Level 1

- Learn to use cooking skills to make home—cooked food that does not use pre-prepared / ready cooked foods
- Using cooking skills to follow a recipe
- Demonstrate food safety/ hygiene throughout the preparation and cooking process
- Pass on information about cooking to others
- Reflect on own learning
- Plan and prepare healthy nutritious meal

Year 11

BTEC Home Cooking Skills Level 2

- Plan and cook a nutritious meal using basic ingredients
- Plan and cook a nutritious two course meal
- Select and prepare ingredients
- Use cooking skills to follow a recipe
- Demonstrate food safety/hygiene throughout the preparation and cooking process
- Use different cooking methods, grilling, baking, frying, melting, roasting etc