

Year 10

Topic Overview



Autumn Term BTEC Home Cooking Skills Level 1	
	Students will be introduced to the level 1 qualification / portfolio etc.
	Students will be able to identify fresh and organic ingredients / value for money etc.
	Students will learn how to present food attractively
Spring term	
	Students will be able to identify the nutritional value of foods
	To read food labels and know what information to look out for i.e high in fat, sugar or salt.
	Students will become more confident by improving on
Spring term	
	Students will have knowledge to have safe fridge /
	They will understand food allergies / intolerances
	They will be confident in passing on information to others.