

Year 7

Topic Overview



Autumn Term	
	To become familiar with the food room
	To discuss fire drill and other food room procedures
	To name, identify and use some basic equipment
Spring term	
	To be introduced to different cooking methods
	Recognise how heat changes food
	Discuss and evaluate foods
Spring term	
	To learn about the food chain
	To discuss the process from crops to cereals
	To discuss foods allowed in moderation