

Year 8

Topic Overview



Autumn Term	
	To learn about portion size
	To learn about nutritional groups / special diets etc
	To use knowledge from previous tasks
Spring term	
	To learn and discuss different types of pastry
	To discuss and learn about bread , kneading etc
	To group foods by their characteristics
Spring term	
	To become familiar and confident using some electrical equipment
	To read and modify a recipe with guidance
	To be able to convert metric to imperial and vice versa