

Year 9

Topic Overview



Autumn Term	Healthy Choices
	To recognise signs and symptoms of food poisoning
	To prepare and handle food safely and hygienically
	To store foods correctly
Spring term	
	To identify ingredients and cook from scratch
	To understand correct food temperatures and foods at risk from spoilage
	To appreciate and cook foods from other Countries
Spring term	
	To understand food labels and the traffic light system
	To understand food handling, preparation and storage
	To follow recipes independently to cook recipes