

Year 9

Topic Overview Physical Education



Autumn Term	
Topic 1	Invasion Games (Basketball)
Topic 2	Net Games (Badminton)
Spring Term	
Topic 3	Invasion Games (Football)
Topic 4	Trampolining and Gymnastics
Summer Term	
Topic 5	Invasion Game (Rugby)
Topic 6	Athletics

Year 9 Topic Overview Descriptions



Autumn Term	
Topic 1	Students will further develop their throwing and catching skills. Students will begin to look at dribbling and shooting in Basketball and the appropriate times to execute these skills. Students will be able to describe the skills and techniques needed in basketball and will be able to explain the basic rules of the game. Students will attempt to referee small sided games.
Topic 2	Students will learn the game of badminton. Students will look at the different types of serve and how to manipulate opponents when playing competitive games. Students will be able to play smash, lob and drop shots.
Spring Term	
Topic 3	Students will develop their football skills. Looking at long and short distance passing, shooting, defending and attacking. Students will begin to look at the role of the goalkeeper. Students will start to analyse peer performances and suggest improvements.
Topic 4	Students will be building further confidence and attempting to complete more complex routines in both trampoline and gymnastics. Students will choreograph their own routines.
Summer Term	
Topic 5	Students will be introduced to rugby and will look at the basic rules of the game. Students will be introduced to passing and kicking and take part in small sided games of tag rugby.
Topic 6	Students will complete a range of athletic events including long and short distance running, discus and long jump. Students will look at how they can improve their times or distances.