

Planning appendix – Covid-19 adaptations

Subject	PSHE
Class	KS3 & 4
Teacher	Miss L Herkes



School was closed for teaching purposes on March 23rd due to the Covid-19 pandemic. This caused considerable disruption to the education of our pupils and may continue to affect their academic and personal development in the 2020-2021 school year. Consider the potential impact of this disruption and detail any planned changes or mitigation measures to curriculum planning and delivery.

Area of impact	Planned changes
Curriculum	The Secondary PSHE curriculum has been re-written during lockdown. This was to reflect the new Statutory 2020 guidance for Relationship, Sex and Health Education in addition to forming part of the recovery curriculum for our students at Croft. The timings of the topics within the Long Term Plan were adjusted so that students were returning to school in Autumn with 'Healthy Lifestyles' as their first topic. This has allowed teachers of PSHE to cover physical and mental health and wellbeing in September, paying particular attention to the impact COVID has had on our mental health. In addition to this, students will be learning about germs, personal care, bacteria and viruses and this has been placed in the Autumn term in response to the pandemic.
Lesson content	Lessons in PSHE have been purposefully adapted to reflect the current climate. Students in each year group are looking at the positive and negative impact the virus has had on our mental health and wellbeing, positive coping strategies they have learned during lockdown and what emotions they have felt. Students to complete lessons around the impact that returning to school has on their mental health (positive and negative) and where there are areas of concern, teacher to refer students for individual intervention in the Bridge. Students are learning about the relationship between physical and mental health and the benefit of exercise and healthy eating on our mental health and the impact diet and exercise has had during the lockdown. Students are also learning how to become resilient individuals and reflect on strategies they have employed during this testing time. Students are also learning about personal hygiene, the correct handwashing technique as well as learning about the role of immunisations and vaccines, how bacteria and viruses are spread and different screening and testing for certain diseases. This has been placed in the Autumn term for the whole school. The lessons are progressive and plans are individualized for each class and personalised for each student dependent on their level and their understanding in relation to health and wellbeing. After Christmas, students will be studying Relationship and Sex Education so that students can work on their friendship skills as well as learning about healthy and unhealthy relationships, a problem many of our students have experienced due to lockdown.
Lesson delivery	Lessons are delivered in the room allocated to the form group. Whole class discussions to take place rather than small group or individual. Students to face the front and to use equipment from their pencil cases.

	Teacher to hand out worksheets and where possible work to be done electronically and saved onto shared area from individually assigned computers for teacher assessment.
Assessment	All pupils will commence with a baseline level taken from their last data update before school closure, however, teacher assessment to be done each lesson and pupils' progress to be tracked on progression for each aspect of the PSHE curriculum.
Resources	Electronic resources to be used if possible and work saved to shared area. Where worksheets are used, teacher to hand these out and kept in students' individual files.
Accreditation if applicable	n/a
Other areas	